**PATIENT INSTRUCTIONS: C-Diff (Clostridium Difficile)**

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| **Supplies needed:**   * **Collection hat** * **Plastic biohazard bag** * **Brown paper bag** * **Gray Stool cup with lid** | |
| **Specimen:**   * **Stool** | |
| **If you have any questions after reading these instructions please contact us at 618-257-5094** | |
| **STEP:** | **INSTRUCTIONS** |
| **1.** | **Wash hands** |
| **2.** | **Place the collection hat under the seat of your toilet.** |
| **3.** | **Capture your stool in the collection hat. Stool cannot be mixed with urine.**  **Infants- because diapers may absorb part of the stool it is important to line the diaper with plastic wrap. Once the child passes a stool or diarrhea, transfer it into the stool cup.** |
| **4.** | **Remove lid from stool cup.** |
| **5.** | **Pour the contents from the collection hat into the stool cup.** |
| **6.** | **Secure the lid back on the stool cup tightly.** |
| **7.** | **Write the date and time of collection on the cup’s label.** |
| **8.** | **Place the cup in the plastic biohazard bag.** |
| **9.** | **Place the biohazard bag containing the cup into the brown paper bag.** |
| **10.** | **Wash hands** |
| **11.** | **Bring the stool specimen to the laboratory no later than 2 hours after collection if stored at room temperature. Stool specimen is acceptable for testing up to 5 days if refrigerated.** |
| **12.** | **Unacceptable specimens include formed stool, stool in PVA, and stool in formalin.** |