

**PATIENT INSTRUCTIONS: Sputum**

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| **Supplies needed:*** **Cup**
* **Plastic biohazard bag**
* **Brown paper bag**
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| **Specimen:*** **First morning sample preferred.**
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| **If you have any questions after reading these instructions please contact us at 618-257-5094** |
| **STEP:** | **INSTRUCTIONS** |
| **1.** | **Wash hands** |
| **2.** | **Remove lid from collection cup.** |
| **3.** | **Capture your first morning sputum in cup.** |
| **4.** | **Screw the lid back on the cup tightly.** |
| **5.** | **Write the date and time of collection on the cup’s label.** |
| **6.** | **Place the cup in the plastic biohazard bag.** |
| **7.** | **Place the biohazard bag containing the cup into the paper bag.** |
| **8.** | **Wash hands** |
| **9.** | **Sputum must be refrigerated until it can brought to the lab.** |
| **10.** | **Bring the sample to the laboratory within 2 hours of collection.** |