

Medical Stabilization Program

Walking Together

About Us

We are here to offer support to adults who are seeking assistance with substance use disorders. We will help those who are interested to get connected to available treatment options and community resources.

How can our team help you?

Our treatment team will work with each patient to link them to treatment options that are available to them, including:

- Hospital admission for adults who are showing signs and symptoms of withdrawal, if certain criteria are met
- Creating an individualized plan for next steps in treatment
- Assistance with referrals for inpatient and/or outpatient treatment programs
- Addressing issues that can get in the way of treatment, including transportation issues, primary care provider referrals, and linking to resources for other needs such as housing or food

Medically Assisted Withdrawal

Memorial Hospital provides medically monitored detoxification admissions for individuals with substance and alcohol use disorders, if certain criteria are met. Substances that often require a brief, medically monitored inpatient stay are:

- Alcohol
- Benzodiazepines (Valium, Xanax)
- Opioids (Heroin, Fentanyl, OxyContin)
- Combined Substances

Our Team

For patients that require hospital admission for medical stabilization of their withdrawal symptoms, our nurses and physicians will work together to monitor and treat those symptoms, such as nausea, anxiety, and dehydration.



Our Peer Recovery Specialists have been through this themselves. They know what it is like to feel like you've lost control, and they know how hard it can be to ask for help. A Peer Recovery Specialist will work with each patient, speaking from their own place of lived experience, to help patients find services that will meet their needs. The Peer Recovery Specialist will work to create an individualized discharge plan with appropriate referrals to ensure that patients have a pathway to access counseling, medication, and other supports that are needed to continue their journey of recovery.

Memorial's Medical Stabilization Team will also offer referrals and support for anyone seeking treatment for substance use disorders that do not require hospitalization, which can include methamphetamine, marijuana, prescription medications, or cases in which the withdrawal symptoms from alcohol, benzodiazepines, or opioids do not meet criteria for hospitalization.

We want to walk with you on your journey to a new beginning.

→ **Call Memorial Hospital's Medical Stabilization Team at 618-257-5341 or email memorialmsu@bjc.org to get started.**